

BUILDING BLOCKS
FOR A HEALTHY FUTURE



MY FRIENDS

Why do
you like each
of your
friends?



SANDY

TALK ABOUT IT:

What makes your friends special to you? When do you get to play with each of your friends? How should you treat a friend? What would you do if a friend were sad or hurt? What is your favorite thing to do with each of your friends?

TRY THIS:

Take photographs or draw pictures of you and your friends having fun together. Write short captions for your pictures and create a Gallery of Friends in your bedroom or in a photo album.

