

BUILDING BLOCKS
FOR A HEALTHY FUTURE



MY FRIENDS

Do you
have an
imaginary
friend?



SANDY

TALK ABOUT IT:

Do you ever talk to an imaginary friend? If you did, what would you talk about? What games would you play with your imaginary friend? Can you introduce me to your imaginary friend?

TRY THIS:

Cut out different color shapes—squares, rectangles, triangles, and circles. Glue the shapes on a large sheet of paper to build your extraordinary, imaginary friend. Now, make up stories about your friend.

