

BUILDING BLOCKS
FOR A HEALTHY FUTURE



MY FAMILY

How do you
help around
your home?



MEE

TALK ABOUT IT:

What do you do to help your family? What would you like to be big enough to do? How do others help you?

TRY THIS:

Draw pictures to show jobs you do. Use crayons to mark each time you've finished a job. Cut out magazine pictures of the tools your family uses in your home—broom, dust cloth, sponge, etc. Glue pictures on refrigerator magnets. When a job needs to be done, put the magnet on the refrigerator. Remove the magnet when the job is done.

